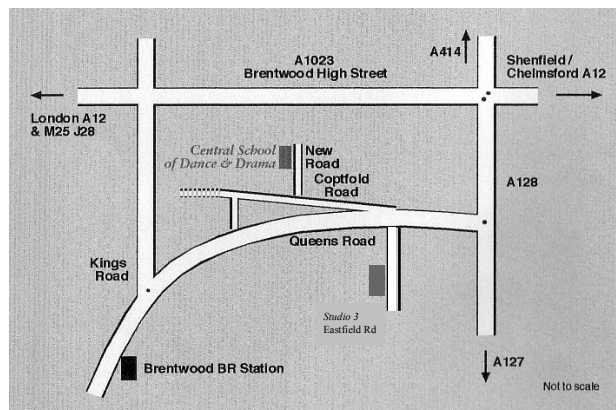


# LITTLE LEGS

## The Central School Of Dance & Drama

aim to introduce children  
to dance,  
with an emphasis on the joy  
of movement,  
encouraging and fostering the  
love of dance  
to make it fun  
for children  
to learn.

We have specially  
structured classes from  
two years old.  
Gradually progressing as they  
grow



Further informative leaflets

Junior and Senior Classes  
Intensive Training Programme  
Innovations Dance Company  
or

visit our web site

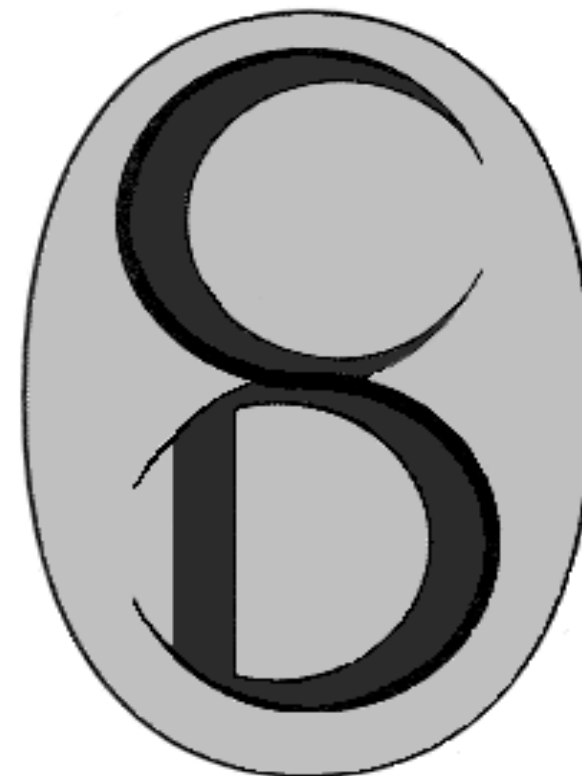
[www.centralschoolofdance.co.uk](http://www.centralschoolofdance.co.uk)

Enquiries

Mrs. Hazel Smith 01277 226777

Miss. Nicola Baines 01277 621500

## CENTRAL SCHOOL OF DANCE & DRAMA



# LITTLE LEGS

## CLASSES AVAILABLE

### Tiny Tots

2 to 3 years – 1/2 hour class

### Toddlers Music & Movement

3 to 4 years – 3/4 hour class

### First Tap & Ballet

4 to 5 years – 1 hour class

CLASSES ARE SCHEDULED  
DURING THE DAY

SATURDAY MORNINGS CLASSES  
AVAILABLE FOR  
4-5 YEARS OLDS



### TINY TOTS (2-3 Years)

Together with parent or guardian, we encourage children to participate within class.

When confident and reassured of their surroundings they are ready to move up to the next class unescorted.



### TODDLERS MUSIC & MOVEMENT (3 - 4 Years)

Primarily a fun time with exercises, dance, music, make believe and singing.

Children begin to learn the rudiments of class work, together and individually. Recognising different types and tempos of music, being able to express themselves in movement and enjoying the world of 'make believe'.



### FIRST TAP & BALLET (4 - 5 Years)

The first half hour of this class introduces children to Tap. With their first pair of tap shoes they are taught that their feet can be like a musical instrument.



The second half of the lesson introduces them to the basics of ballet. Their first plie is learnt along with other fundamental steps.

### From 5 years old

Children can continue their training with Central School of Dance & Drama following Royal Academy of Dance and Imperial Society of Dancing syllabi in Ballet, Tap and Modern.

